



REHAB IS FOR THE BRAVE

SPONSORS/PARENTS INFORMATION

WHAT TO BRING

1. Exam pad. A5 hard cover book 192 pages.
2. A4 96 Page Hard cover feint and margin exercise book.
3. Pens/Pencil/Highlighters/Colored pencils. Small flip file with ability to hold exam pages and notes.
4. Bedding of your choice (Pillows, blankets, duvets, throws, fitted sheet for single beds)
5. Toiletries (Soap, shaving cream, razors, shampoo, toothbrush, hairbrush/comb, roll on deodorant only) . We do not allow mouthwash.
6. Clothes for a week to include gardening, sport and church. Clothing that is offensive, contains alcohol or cigarette brands or is counter to recovery philosophies will be confiscated and held in storage. Only 11 items per wash-load will be allowed.
7. A Bible that is in your home language.
8. A watch for time keeping.
9. Please provide a Bag of washing powder.

These items will be held in the tuck shop and will be available for purchase if they are not brought in initially. A lockable container needs to be brought along for storing of private items. No perishable items are allowed to be kept in the rooms.

VISITS

10. Visits will be allowed after 21 Days of being in treatment depending on merit.
11. Visiting hours are on Saturday from 12H00 until 17H00. Lunch may be brought into the facility.
12. Maximum number of 4 persons per visit. Financial sponsors and direct family members only. Girlfriend/Boyfriend visits will be decided on by the board based on circumstance.
13. Any goods being brought onto the property for residents will be searched on arrival.
14. No cell phones allowed during visits.
15. Maximum number of 4 persons per visit. Financial sponsors and direct family members only. Drug test may be done at discretion of management.
16. Visits must be agreed on by Thursday night via email or SMS from any potential visitors.

CHURCH SERVICE

Families are encouraged to attend the service after the initial 3 weeks. Services start at 09H30 on Sundays and are held at our premises until 10H30. Visitors may remain on site until 17H00.





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PHONE CALLS

Residents will be allowed to receive phone calls two weeks after being in treatment. There are two different numbers that can be used: 079 081 4256 / 072 739 1322

Phone calls can be made from 17H00 to 21H00 from Monday to Thursdays only

If you need to contact a resident urgently, please call 012 259 0263

Direct family members and financial sponsors only allowed to call. Anyone else by arrangement only.

TUCK

Our tuck shop offers basic items such as toiletries, chips, sweets, cold drinks etc. Monies should be transferred into the Redemption Hill bank account or cash given to the manager on duty. Receipts will be issued for all transactions. Residents are not allowed to keep cash on them under any circumstances. No credit will be given to residents.

The tuck shop is open on Tuesday Thursday Friday Saturday. 17H00 to 18H00.

MEDICAL

Any medications brought onto the premises must be declared. Take note that we do not believe in psychiatric drugs, and we will be weaning residents off any regimen over a time period stipulated by our Doctor.

Any medical expenses incurred during the programme are for the residents cost.

BANK ACCOUNT

Redemption Hill Ministries Standard Bank Hartbeespoort Account Number: 24 240 3506, Branch Code: 051-001

Regards,
The redemption team,

